**Fonts Size:** 

Generic Name font size: 12 pt. Composition fonts size: 10 pt.

Carbocisteine 375 mg Capsules POM

Leaflet Size : 160 x 280 mm MPLLCAR0375CPCOMFPLXXX077V04

Back Side

160 mm

# PACKAGE LEAFLET: INFORMATION FOR THE USER

Front Side

160 mm

# Carbocisteine 375 mg Capsules carbocisteine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- · If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet

- 1. What Carbocisteine Capsule is and what it is used for
- 2. What you need to know before you take Carbocisteine Capsule
- 3. How to take Carbocisteine Capsule
- 4. Possible side effects
- 5. How to store Carbocisteine Capsule
- 6. Contents of the pack and other information

#### 1. WHAT CARBOCISTEINE CAPSULE IS AND WHAT IT IS USED FOR

Carbocisteine 375 mg Capsules contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Carbocisteine Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

## 2. WHAT YOU NEED TO KNOW BEFORE YOU **TAKE CARBOCISTEINE CAPSULE**

## Do not take Carbocisteine capsules if:

- You are allergic to carbocisteine or any of the other ingredients of this medicine (listed in Section 6)
- Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the | Sodium: This medicine contains less than 1 mmol lips, face, throat or tongue
- You have an ulcer in your stomach or gut

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Carbocisteine Capsules.

# Warnings and precautions:

Talk to your doctor or pharmacist before taking Carbocisteine Capsules if:

You are elderly.

280 mm

- Have had an ulcer in your stomach or gut.
- bleeding in the stomach.

## **Pregnancy and breast-feeding**

Carbocisteine is not recommended during pregnancy or breast-feeding.

Talk to your doctor before taking this medicine if:

- You are pregnant, might become pregnant or think you may be pregnant.
- You are breast-feeding or planning to breast-feed. Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breast-feeding.

## Important information about some of the ingredients of Carbocisteine Capsules Carbocisteine Capsules contain:

- Lactose: This medicine contains lactose. This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking Carbocisteine Capsules.
- Iron oxide yellow (E172): May cause allergic reactions. Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
- sodium (23 mg) per capsule, that is to say essentially 'sodium free'.

## 3. HOW TO TAKE CARBOCISTEINE CAPSULE

Always take Carbocisteine Capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask

# Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

#### Children

PHARMA CODE

· Carbocisteine Capsules are not recommended

# If you take more Carbocisteine Capsules than

If you take more Carbocisteine Capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Carbocisteine Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

## If you forget to take Carbocisteine Capsules

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Carbocisteine Capsules can cause side effects, although not everybody gets

## Stop taking Carbocisteine Capsules and see a doctor or go to a hospital straight away if:

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'
- You have blood in your vomit or black tarry stools

## Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Feeling sick (nausea) or being sick (vomiting)
- Diarrhoea
- Stomach pain

Talk to your doctor or pharmacist if you notice any side effects not listed in this leaflet.

# Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more **POM** information on the safety of this medicine.

#### 5. HOW TO STORE CARBOCISTEINE CAPSULE

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after "EXP". The expiry date refers to the last day of that month.

Do not store above 30°C.

Store in the original package.

Do not throw away any medicines via waste water or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

#### What Carbocisteine Capsules contain

- Each gelatin capsule contains 375mg of the active substance, carbocisteine
- The other ingredients are colloidal anhydrous silica (E551), iron oxide yellow (E172), lactose monohydrate, magnesium stearate (E572). sodium lauryl sulfate and titanium dioxide (E171).

### What Carbocisteine Capsule looks like and contents of the pack

Carbocisteine Capsules are yellow and imprinted with 'C' on cap and '375mg' on body with black ink. They are available in blister packs containing 6, 18, 30 and 120 capsules. Not all pack sizes may be marked.

## Marketing Authorization Holder Flamingo Pharma (UK) Ltd.

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#### Manufacturer Flamingo Pharma (UK) Limited

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This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

This leaflet was last revised in 03/2021.

PL 43461/0008

MPLLCAR0375CPCOM FPLXXX077V04

Code: MPLLCAR0375CPCOMFPLXXX077V04 **Customer / Livery : FPL UK** Ref. Artwork: **Colour Scheme**: Black MPLLCAR0375CPCOMFPLXXX077V03

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